

No Rouz words and phrases

<u>Persian</u>	<u>English</u>	<u>Symbolizes</u>
No Rouz	New Day	
chahar shanbeh suri zard-eh man az toe sorx-eh toe az man	fire jumping day my yellow to you your red to me	
sofreyeh haft seen sombol serkeh sekeh senjed sumac seeb seer sohan sabzeh samamu	tablecloth of 7 S's hyacinth flower vinegar coins a dried fruit a sour spice apple garlic pistacio cookie sprouts a wheat pudding	the coming of spring represents age and patience wealth dry fruit of the Lotus tree, represents love color of sunrise; the sunlight (good) conquers dark (evil) health and beauty medicine sweets rebirth common wheat sprouts are transformed and given new life as a sweet, creamy pudding
seezdeh bedar	picnic day	throw out the thirteenth"
other		
saleh tahvil haji firooz ay dee baklava futball	moment of new year clown-like new year character gift money yummy treat soccer	
greetings & phrases		
Aid-eh shoma mobarak! Sal-eh no mobarak! salam chetoree khoobam, mamnoon khoda hafez	May your holiday be joyful! May the New Year be joyful! hello how are you I'm fine, thank you goodbye	